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FROM SUNSET CHEERS TO CHEAP BEERS

LOOKING FOR SOME DOWN
AND DIRTY FUN? KEY WEST
IS THE PLACE FOR YOU

PAGE 17

Less work, more productivity

Some companies are recognizing
that successful employees must
be able to escape from work in
order to deliver more

PAGE 12

'I'm frustrated and angry'

An additional \$4.5M to fix the
troubled Airport Parkway foot-
bridge doesn't sit well with
Mayor Watson

PAGE 3

NO
NICKELBACK
GUARANTEE

LiVE
88.5fm



ACHIEVING HER DREAM

Newly named Rhodes Scholar Suzy Newing of Chelsea, Que., poses in Arba Minch, Ethiopia, while doing work for her mother's organization, Digital Opportunity Trust, in 2012. Newing says the scholarship feels like a dream. To find out more about her development work and the scholarship, see story on page 6. CONTRIBUTED

Woman 'treated like a criminal' over Presto card glitch

Error. Card with money
'blocked' by system;
woman says she was
accused of being a thief

Michelle Brynkus says she was "humiliated" and "treated like a criminal" by OC Transpo workers after she was kicked off the No. 97 bus and forced to stand in the rain with all of her luggage because her Presto card was malfunctioning.

The Ottawa woman was on her way home from the airport when she boarded the bus Monday night. When she tried to pay her fare, her card came up as "blocked."

She said the driver told her that her card must be stolen and ordered her off the bus.

"He essentially said that I had stolen that card and that I needed to pay cash," said

Brynkus. "I was being accused of something that wasn't true and then being treated terribly."

Brynkus insisted there was money on the card. She called Presto immediately and confirmed that there was indeed money on the card, but the driver wouldn't listen.

Instead, he called security and a special constable and two supervisors showed up to escort her off the bus. At that moment, she says, three other customers offered to pay her fare, but the constable told her, "No, you have to come with me."

After standing in the rain for close to 30 minutes, the constables did confirm there was money on the card and it wasn't stolen.

They eventually gave her a day pass and sent her to catch another bus. She said the incident, which left her in tears, was a "nightmare."

"I won't take the bus any-

more, that's just not an option for me anymore," she said, adding that this is the second time she has had an issue with her Presto card since September.

David Pepper, OC Transpo's manager of business and operational services, said he isn't exactly sure what happened with Brynkus' card, but said he is working to resolve the issue.

He said drivers are trained to not deal with passenger fare disputes, as such disputes are the "most common reason for operator assaults."

He said OC Transpo is looking into the matter.

"It would not be anyone's intention to put her in a position where she felt that she was treated in a way that she described," said Pepper. "We learn from any experience, any enforcement experience, any customer feedback, so that's why we are absolutely willing to continue to talk to her."

TREVOR GREENWAY/METRO



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Escapade. End in sight for music-festival theft case

After spending more than a year in an Ottawa jail for allegedly stealing \$600,000 in proceeds from the 2012 Escapade Music Festival, Nick Guindon-Vachon is expected to enter a plea next week to resolve his case.

The 28-year-old co-founder of the electronic-music festival was arrested by police in Aruba on Aug. 6, 2012. Two Ottawa police detectives brought him back to face charges of theft over \$5,000 and possession of stolen property over \$5,000. Police were able to recover some of the money. Vachon's former partners have told media they received \$236,000 from police from the recovered proceeds.

His former business associates accused him of taking off with the money in the early morning hours of July 2, 2012, following the two-day event at the Ottawa Stadium. Police said he was seen loading a large box into a GMC Yukon.

When reached by phone Tuesday, Guindon-Vachon's lawyer, Richard Addelman, released few details about what will happen when his client returns to court on Dec. 9.

"In one fashion or another, it's going to be completed and he's going to be sentenced," said Addelman.

When asked if Guindon-Vachon is going to plead guilty, Addelman said, "No, but he's going to be found guilty. It's not the routine way of doing it, but it's one of the ways we're going to do it."

"Sixteen months in jail — I'm sure he's a little anxious (to get out)," said Addelman.

JOE LOFARO/METRO

Sen. Dallaire falls asleep, crashes car



Sen. Roméo Dallaire's car rests on a traffic barrier after he crashed it on Tuesday. THE CANADIAN PRESS

Sen. Roméo Dallaire nodded off at the wheel of his black BMW and crashed into a traffic barrier on Parliament Hill Tuesday.

The retired general said the news last week of three suicides of Canadian soldiers, coupled with the coming 20th anniversary of the Rwanda genocide, have left him unable to sleep, even with medication.

"Every day I am reliving

the 20th anniversary and reviewing that period of command," he said in an apology to the Senate.

He says he didn't realize how tired he was.

"I simply ran out of steam and fell asleep and crashed my car," he said.

"I am very thankful that nobody was injured or worse by my not being more attentive to the level of fatigue that I have

been experiencing."

Dallaire commanded the ill-fated United Nations peace-keeping mission in Rwanda in central Africa in 1993-94. The UN ignored his warnings of coming strife.

After violence broke out, major international players rebuffed his pleas for more soldiers, leaving him standing as a helpless observer to genocide. THE CANADIAN PRESS

City's bridge snafu 'an embarrassment': Mayor

Airport parkway footbridge. City suing Genivar after costly, dangerous mistakes



JOE LOFARO

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Mayor Jim Watson said he's angry the city has to pay an additional \$4.5 million to fix the problems with the Airport Parkway footbridge. JOE LOFARO/METRO

Ottawa Mayor Jim Watson said Tuesday he was embarrassed when he found out it will cost the city an additional \$4.5 million to fix the troubled Airport Parkway footbridge project, and he vowed to not let the same mistake happen again.

"I'm frustrated and angry that this project has gone so completely off the rails," said Watson to reporters outside his office following a meeting of the city's finance and economic development committee.

The committee approved spending extra money to finish what was originally to be a \$7-million project that was supposed to wrap up in 2011. The project has been delayed

twice and the city is now suing Genivar, the firm in charge of designing the bridge.

The first delay was in 2011 when the city discovered the firm used the wrong concrete. Then, just last month, a team of third-party engineers discov-

ered a serious design flaw in the bridge, which will eventually link the Hunt Club community with a nearby transit station.

Watson on Tuesday ordered an independent review of the project in the hopes of

bolstering city process when awarding infrastructure contracts. The city expects to recoup some money for past, present and future damages in its legal battle with Genivar.

"We can find out exactly what went wrong, who was responsible, how to avoid this in the future, and get some answers to some pretty basic questions that the public have and that I have," said Watson.

The pipe stays proposed by Genivar are "fatigue-prone" and "the failure of one of them would almost certainly result in the collapse of the bridge," according to an independent review conducted by Delcan, another engineering firm. The city has banned Genivar from bidding on new contracts for two years.

"I think there's plenty of blame to go around to everyone. I don't think anyone has clean hands on this and, quite frankly, it's an embarrassment and it's something I, as mayor, have to take responsibility for."

WITH FILES FROM LAURA MUELLER/
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Ottawa. Police ask for help in finding missing woman

Ottawa Police are asking for the public's help in locating a 55-year-old woman last seen in the afternoon of Nov. 30.

Hélène Merritt was last seen at her residence, but police say her rental car was found at the Canadian Museum of Civilization in Gatineau on Dec. 2.

Merritt is described as a white female, about five foot five inches and 170 pounds. She wears glasses and has brown eyes and short grey hair.

Anyone with information



A photo of Hélène Merritt CONTRIBUTED

can contact Ottawa Police Service Missing Persons Unit at 613-236-1222 ext. 2355 during business hours or the Central District Investigations at 613-236-1222 ext. 5166 during the evening hours.

TREVOR GREENWAY/FOR METRO

Assault charge

Ottawa man, 49, facing charges after Chinatown dispute

49-year-old Arnold Saulleaux is facing charges of assault following a dispute in the 800 block of Somerset St. West that found a 48-year-old man suffering non-life threatening cuts to his upper body.

JOE LOFARO/METRO

Ottawa shooting

Man shot multiple times in east end

The Ottawa Police Guns and Gangs Unit is investigating a shooting that sent a 21-year-old man to hospital in critical condition. Paramedics responded to 730 Industrial Avenue near Innes Road at 11:55 p.m. and treated the man for multiple gunshot wounds.

JOE LOFARO/METRO

Crime. Ottawa man charged with murder in B.C. cold case

Homicide investigators in British Columbia have arrested an Ontario man in connection with the 2008 murder of Justin Yusko.

Yusko was found stabbed on Jan. 29, 2008, in Pitt Meadows, east of Vancouver. The 28-year-old was transported to the hospital, where he died.

Cpl. Dominic Duchesneau with the Integrated Homicide

Investigation Team said that on Saturday, police arrested 32-year-old Maly Morn of Ottawa while he was in the Metro Vancouver area.

Morn has been charged with the first-degree murder of Yusko and kidnapping, and he was to make his first court appearance in Port Coquitlam Provincial Court on Monday.

THE CANADIAN PRESS

Carleton's Sprott School wants to come down from the tower

Change of scenery.

School floats idea of trading Dunton Tower digs for island in a stream

DENIS
ARMSTRONG
ottawa@metro.ca

Despite its panoramic views, Carleton University's Sprott School of Business has outgrown its current address high atop Dunton Tower and is looking to build a new campus on Albert Island as a part of Windmill Development Group's plans to redevelop the Domtar site.

In addition to a scenic waterfront setting that overlooks the Chaudiere Falls and the Ottawa River, the new facility would feature enough classroom space for 2,000 undergrad, grad and PhD business students and easy access to OC Transpo and the LRT lines.

It would also offer a hotel for corporate executives that fly in for a weekend of corporate training. If built as planned, Sprott's new Albert island facility would cost between \$50 to \$60 million.

"We've run out of room," said Sprott's dean Jerry Tomberline. "It would be good for Carleton and Windmill. They want multi-use sustainable development

Visions of the future

Teams of Carleton architectural and business students are preparing architectural blueprints and mockups of Sprott's new campus.

- There will be public consultations Dec. 11-13 in the atrium of Carleton's University Centre as well as Dec. 11 at the Canadian Museum of Civilization in Gatineau.

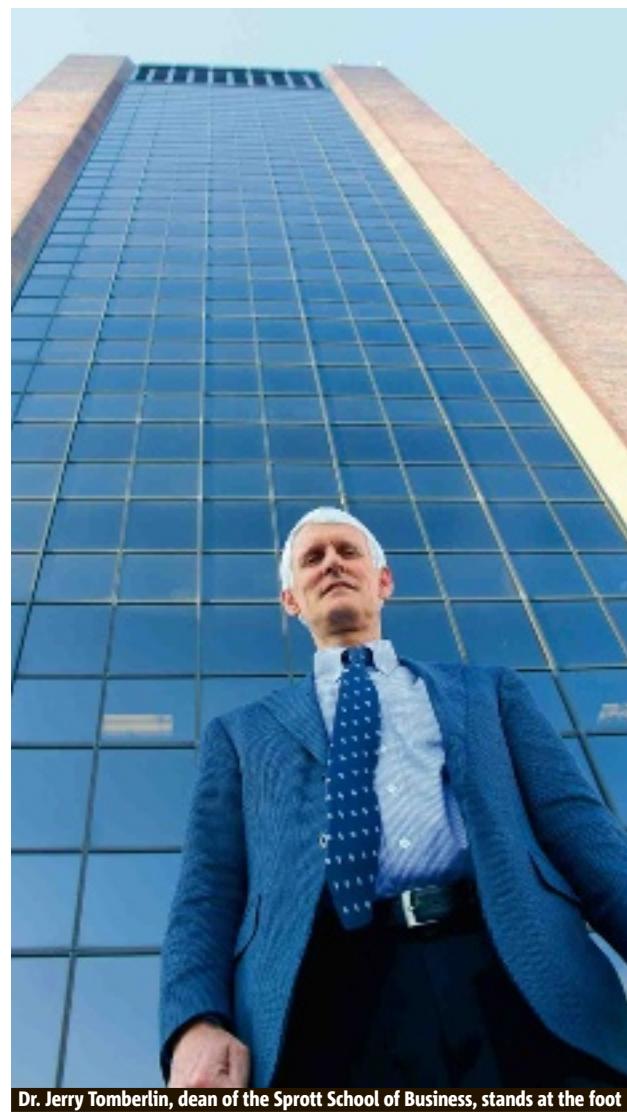
and our enrolment is growing about 3 to 4 per cent a year. We need space to grow now.

"We're at the talking stage right now, but we're excited about the idea of moving to Albert island, and so is the developer."

Always have a Plan B

Second bet

Sprott's dean Jerry Tomberline seems less enthusiastic about Sprott's second option, which is to build on Bronson Ave. on land already owned by Carleton. "We are publicly funded so we have to be creative about raising the cash if we're going to grow." METRO



Dr. Jerry Tomberlin, dean of the Sprott School of Business, stands at the foot of Carleton University's Dunton Tower. DENIS ARMSTRONG/METRO

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Suzy Newing, centre, poses with the Digital Opportunity Trust Ethiopia team in 2010 during her first volunteer mission. CONTRIBUTED

Rhodes less travelled: Scholar given shortcut on her world-changing path

Prestigious scholarship.
Ottawa-area woman says she's 'excited' about what this means for her ability to effect change

TREVOR GREENWAY
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Suzy Newing has been pinching herself since Sunday — that's when she learned she was one of 11 Canadians to win a Rhodes Scholarship to study at Oxford University.

The 22-year-old Chelsea,

Que., native told Metro the prestigious scholarship is a bit of a shortcut in her journey to changing the world.

"This is a path that I have always wanted to be on and regardless of whether or not I got this scholarship, I was going to be on this path," Newing said, during a break from class at McGill University, where she is studying international development with a minor in African Studies.

The Rhodes Scholarship includes an all-expenses-paid ticket to Oxford University for two years for postgraduate studies for 83 students

in diverse countries. It's the oldest and arguably the most prestigious international scholarship today.

"I'm really excited about what this scholarship will mean in terms of how I can effect change in the world," she said.

Newing has already been a catalyst for some change in Africa while working for her mother's social-enterprise organization, Digital Opportunity Trust.

She's spent extensive time in Ethiopia, training youth to become leaders. During her time at McGill, Newing has also been working on a

medical project that teams Ethiopian medical students with students at McGill to create a "cross-cultural and international collaboration" effort to tackle the country's health issues.

She and other students also set up a children's health-screening project in Ethiopia.

And she won't be stopping her work there. Newing plans to pursue a master's degree in international development at Oxford.

She said that she wants to continue to empower youth and women and that she wants to focus her research

on the gender dynamics of rural-to-urban migrants in Ethiopia.

"In the media, we always see Ethiopia, in particular, and all of Africa as impoverished, hopeless, diseased, conflicted, starving," she said, acknowledging that some places are plagued with deep socio-economic issues.

"But when I was there, I saw a different reality," she said. "I saw (a country) that was very hopeful, very innovative, very creative. I feel like we should focus more on that image, while also understanding the real difficulties that exist in Africa."

On the Rhodes

- The world's oldest international scholarship, established in 1902, also happens to be considered the most prestigious.

- Former scholars include former U.S. president Bill Clinton and former Canadian prime minister John Turner.

- This year's class of 83 scholars includes 11 Canadians.

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Feds to fund project aimed at reducing honour-based violence

Ottawa Rape Crisis Centre.

Announcement comes amid the 16 Days of Activism Against Gender Violence

The federal government said Tuesday it is funding a research project at a rape-crisis centre in Ottawa to help understand and prevent the "heinous" crime of honour-based violence.

In Ottawa, the euphemistically labelled "honour killing" concept turned into a horrifying reality in 2006 when Hasibullah Sadiqi shot to death his sister and her fiancé.

In 2009, a jury found Sadiqi, 23, guilty of two counts of first-degree murder after they heard witnesses describe how he grew angry that his sister's fiancé did not receive her

father's blessing before their engagement.

Kellie Leitch, minister for the status of women, announced at Carleton University that \$74,259 will be directed to a new Ottawa Rape Crisis Centre (ORCC) project over the next 18 months. Girls and women between the ages of 14 and 20 will be able to participate in the project, the minister said.

"Some of it is preventative to make sure that they avoid these circumstances," said Leitch. "Part of it is making sure they're educated with respect to their rights and what they can do."

The government says there have been 13 cases of so-called honour killings in Canada since 1991, involving 17 victims. Status of Women Canada defines the crime as "a form of family violence perpetrated against a family member, usually female, who is perceived

to have brought shame or dishonour to the family."

The Ottawa Police Service and the Government of Canada say they do not have concrete data on the issue because it is not a separately defined Criminal Code offence.

The ORCC's Tara Henderson said the government funding will help the centre and its partners develop a better understanding of why so-called honour killings happen.

"People don't talk about it," said Henderson. "It involves love and familial bonds and that's a tough thing to condemn people in your family or to villainize your own family."

This project will try to break the silence surrounding this form of violence.

It's one of the funding announcements the federal government has unveiled in the past week for the 16 Days of Activism Against Gender Violence. **JOE LOFARO/METRO**



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Don't smoke up and drive: Cops on lookout



TREVOR GREENWAY

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Police in Ottawa and Gatineau are using a series of physical tests to determine whether or not a driver is impaired by drugs, and they can tell if someone has smoked a little bit of pot or if they are hopped up on crystal meth.

According to Ottawa Police Sgt. John Kiss, the city has several drug recognition evaluators who will put drivers through up to two hours of physical tests to determine if they are stoned and what they are stoned on.

Kiss told Metro that if a driver fails a field sobriety test — a set of three standardized physical tests done at roadside — they will be brought before a "drug recognition evaluator."

"It is a series of standardized, very structured physical tests that are conducted at the police station under controlled circumstances that allow the drug recognition officer to make a determination that a subject is impaired or their ability to drive is im-



A pot smoker rolls up a marijuana cigarette. Ottawa police have drug evaluators on standby, but the process can take considerable amount of time and resources. **JEFF HARPER/METRO**

paired by a drug and what class of a drug that is," he said.

Although he says the long test is accurate, it does take up time and police resources. He hopes Canada will soon catch up to places in Europe that are using roadside drug detectors.

"The technology exists today for a screening device that can detect drugs through saliva and it's a roadside screening device. They're out there," he said, adding that

the devices give a positive or negative reading on the spot, just like a breathalyzer.

Gatineau Police used a drug recognition evaluator Saturday on a driver who allegedly played a game of chicken with cars in Wakefield. The test revealed the man was stoned on pot.

Refusing a drug recognition evaluation or a roadside sobriety test is a criminal offence, said Kiss, and is treated the same as someone refusing a breath sample.

Acid attack lands Russian ballet star in jail for six years

Bolshoi. Attack on ballet's director exposes vicious backstage bickering and intrigue at renowned theatre

A judge pronounced Bolshoi soloist Pavel Dmitrichenko guilty of making plans to attack Sergei Filin, the theatre's director, who lost most of the sight in one eye and 20 per cent in the other in the attack on Jan. 17.

Ex-convict Yuri Zarutsky, who splashed the acid in Filin's face, was sentenced to 10 years; a driver, Andrei Lipatov, got four years. The three were also ordered to pay 3.5 million rubles (about \$112,000) in damages to Filin.

The dancer said during the



Dancer Pavel Dmitrichenko stands inside a barred enclosure at court in Moscow on Tuesday. ALEXANDER ZEMLIANICHENKO/THE ASSOCIATED PRESS

not guilty but admitted "moral responsibility."

Dmitrichenko said he was shocked when he heard about the acid attack in the news and told Zarutsky they should surrender to the police. He testified that Zarutsky told him to keep silent and threatened to launch a similar attack on Dmitrichenko's ballerina girlfriend if he went to the police.

He said he had told Zarutsky that he disapproved of Filin's management style. He insisted that he always said Filin had been an excellent dancer, but he blamed him in part for the negative atmosphere in the theatre. He cited several incidents in which troupe members were driven to tears during heated conflicts with Filin.

Filin did not deny the incidents but retorted that it was simply part of the "artistic process." THE ASSOCIATED PRESS

Germany

New software detects banned neo-Nazi music

German police say they have developed software that can automatically identify banned neo-Nazi music.

Certain extremist music is banned from public sale or performance in Germany, but the far right still regularly attempts to skirt the regulations with concerts to attract and recruit young people.

THE ASSOCIATED PRESS

Los Angeles

First traffic citation given to Google Glass user

A woman has pleaded not guilty to a traffic citation alleging the motorist was using Google's computer-in-an-eyeglass.

Cecilia Abadie was pulled over on suspicion of speeding and the officer tacked on a citation usually given to drivers who may be distracted by a video screen.

THE ASSOCIATED PRESS



Thai government tries to diffuse violent protests

A Thai policeman offers a rose to protesters outside city police headquarters in Bangkok on Tuesday. Prime Minister Yingluck Shinawatra ordered police to stop battling anti-government protesters in what has become a struggle to topple Yingluck and keep her brother, Thaksin Shinawatra, from returning to power. Thaksin was ousted in a 2006 military coup, and Yingluck's rivals have accused her of being his puppet. The conflict has killed four people and wounded more than 256 in the last three days alone. MANISH SWARUP/THE ASSOCIATED PRESS

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Bill to increase MPs' power gets thumbs-up

Reform Act tabled.

Grits and NDP say they would support Conservative MP's bill

A Conservative MP's provocative new bill to rebalance power between MPs and party leaders has gotten an early thumbs-up from the NDP and the Liberals.

With a number of Michael Chong's Tory colleagues already supportive, the measure could have serious legislative legs.

Among other things, the bill would give party caucuses the explicit right to review and oust their leaders.

Liberal Leader Justin Trudeau tweeted Tuesday that he shared the goals of Chong's proposed Reform Act of 2013.

NDP reform critic Craig Scott said he will personally support the bill and MPs in his party will be allowed a free vote on the legislation.

He said his leader, Tom Mulcair, "wants a system that's fair,

where prime ministers actually don't have the kinds of levers of power that have been abused under Stephen Harper and have been used in ways that frankly aren't all that justified by previous prime ministers."

Chong is a moderate, popular Ontario MP with a long history of promoting stronger responsible government.

Conservative supporters included Alberta MP James Rajotte, Ontario MPs Larry Miller and Stella Ambler, and Ontario Sen. Hugh Segal.

Green Party Leader Elizabeth May and Independent MP Bruce Hyer rounded out the cheering section.

"It depends on whether Mr. Trudeau and Mr. Mulcair will allow their caucuses to vote for democracy," May said of the bill's prospects.

A Conservative source estimated that up to a quarter of the caucus could back Chong's proposals.

The legislation would not come into effect until after the 2015 election.

THE CANADIAN PRESS

How it works

Reform Act's nuts & bolts

The bill would give party caucuses in the Commons the right to vote to review the party leader and to trigger a leadership race.

As well, the bill would entrench in the Parliament of Canada Act the right of a caucus to review, eject and readmit MPs.

They would also have the right to elect and eject their caucus chair.

The third part of the bill would give electoral district associations the power to approve electoral candidates. Nomination papers would no longer require a leader's signature.

These measures would theoretically embolden MPs to vote as they want in the Commons, without fear of being turfed from caucus.



Funeral for teens killed in tragic crash

Pallbearers carry a casket at the funeral on Tuesday for four teenagers killed in a highway crash, in Cap-Pelé, N.B. Justin Leger, Sébastien Leger, Justin Brown and Luc Arsenault died when their car crashed into a culvert and rolled several times in nearby Notre-Dame early Saturday. ANDREW VAUGHAN/THE CANADIAN PRESS

Canadian teens' math scores tumble

A new international study ranks Canadian students among the top of the class in key subject areas, but there has been a noticeable decline over the years in math and science scores among the country's pupils.

Canada was among 65 countries and economies

participating in the assessment by the Organisation for Economic Co-operation and Development, which takes place every three years. Findings of the OECD's Programme for International Student Assessment from 2012 were released Tuesday. The average estimated

score in math was 494. Canada had 518. Shanghai, China, topped the list in math with an average of 613. Canada was also outperformed by Singapore, Hong Kong, Chinese Taipei, Korea, Macau, Japan, Liechtenstein and Switzerland.

THE CANADIAN PRESS

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A ticket loser but still a \$50M lotto winner

Just imagine. Regular lotto player Kathryn Jones is 'still in shock' after being told she won Lotto Max a year after losing winning ticket

A Hamilton woman who lost her winning \$50-million

lion lottery ticket last year is on the verge of getting her prize after an extensive investigation.

The Ontario Lottery and Gaming Corporation says Kathryn Jones bought a ticket in Cambridge, Ont., last year which turned out to have the winning numbers from the Nov. 30, 2012, Lotto Max draw.

OLG received some 435

Unique case

"I'm very grateful."

Lotto Max winner Kathryn Jones on the Ontario Lottery and Gaming Corporation investigation that secured her a \$50-million jackpot

inquiries since that draw and in the process of reviewing them, it deter-

mined Jones had the winning ticket.

When Jones wasn't able to find her ticket, OLG carried out a "Lost Ticket Prize Claim" process to ensure she was the rightful winner.

It included using their database to verify her purchase, checking surveillance video and credit card statements.

THE CANADIAN PRESS



OLG CEO Rod Phillips, centre, and Mike Hamel, head of investigations, announce Kathryn Jones as winner of \$50 million. OLG/THE CANADIAN PRESS

Plugged up. Those handy wipes may not be as 'flushable' as they claim



A mass of wipes that are supposed to be "flushable" held aloft by Barry Orr. They were clogging sewage pumps in London. DAVE CHIDLEY/THE CANADIAN PRESS

The pleas of Canadian wastewater officials to federal and provincial politicians for a crackdown on so-called flushable wipes are falling on deaf ears.

It's a municipal problem, so the refrain goes, and so the Canadian Water and Wastewater Association is joining forces with its American counterpart, the Water Environment Federation, to take aim at the popular towelettes.

The wipes — billed as a cleaner alternative to toilet paper that's perfectly OK to flush down the toilet — are giving many municipalities fits as they grapple with costly clogs.

Personal wipes are a \$6-billion industry in North America. Canadian municipalities say the wipes are costing ratepayers as much as \$250 mil-

Hold on — don't flush!

Canadian municipalities and waste-water officials have two objectives — a federal flushability standard and a widespread public-education campaign.

- It's not just wipes — it's paper towels, feminine hygiene products, baby wipes and diapers. "Use them if you like, but do not flush them," said Paul Drca with the City of Windsor.

lion a year. Both the CWAA and its U.S. sister are pushing manufacturers to allow independent testing, and to label them with more clarity.

THE CANADIAN PRESS



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Yeah, I'm going to need you to stay home on Saturday

Promoting productivity.

Bosses are forcing staff to put down the TPS reports and smartphones in a bid to fight burnout

Volkswagen turns off some employees' email 30 minutes after their shifts end. Goldman Sachs is urging junior staff to take weekends off. BMW is planning new rules that will keep workers from being contacted after hours.

This surge in corporate beneficence isn't an indication that employers are becoming kinder and gentler: It's about the bottom line. After years in which the ease of instant communication via email and smartphones allowed bosses to place greater and greater demands on white-collar workers, some companies are beginning to set limits, recognizing that successful employees must be able to escape from work.

"Industry is now responding," said Cary Cooper, a professor of organizational psychology and health at Lancaster University, who says the imperative to be constantly reachable by iPhone or tablet is taking a toll on the work delivered at the office. "Employees are turning up, but they're not delivering anything."

After seeing colleagues lose their jobs during the Great Recession, workers are more inclined to come in to work, even when sick, surveys show. After hours, physical presence is replaced by the next best thing — a virtual one. Many employees fear switching off, instead



Shirin Majid, left, watches as her husband plays with their nine-month-old daughter at home in New York. Majid works for an Internet startup, which has a "blackout" week, during which workers are forbidden to work. BEBETO MATTHEWS/THE ASSOCIATED PRESS

deciding to work on vacation, during dinner and in bed with the help of smartphones, laptops and tablet computers.

People also have more data than ever to process — whether they ask for it or not. Information overload cost American businesses just under \$1 trillion US in employee time lost to needless emails and other distractions in 2010, according to Jonathan Spira, chief analyst of the New York research firm Basex. THE ASSOCIATED PRESS

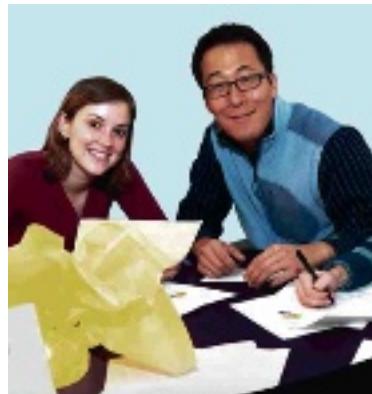
A quirky solution

To get everyone, from intern to CEO, to not overdo it with the work hours, some companies have resorted to bolder measures.

• Quirky, a New York based start-up that shepherds inventions to the marketplace, has instituted a "blackout" week once a quarter during which no one except customer-service representa-

tives is allowed to work, lest employees be tempted to check email.

- And having the message come right from the top was important for Shirin Majid, the company's 39-year-old head of digital marketing, who laments not having enough time to spend with her husband and 9 month-old daughter, Ella.



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Saskatchewan

Potash Corp. to slash 18% of staff

Potash Corp. of Saskatchewan is cutting its workforce by about 18 per cent, affecting 1,045 people — with the biggest hits in its home province of Saskatchewan, as well as New Brunswick and Florida.

The Saskatoon-based company says the decision stems from soft demand for potash and phosphates, two major types of crop fertilizer.

THE CANADIAN PRESS

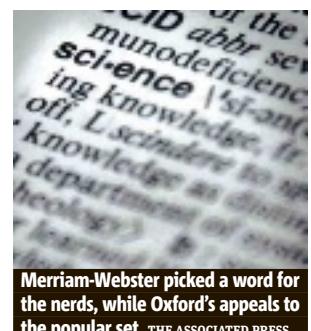
War of the words. It's selfie versus science in battle for ultimate word of the year

Look alive, selfie. There's another word of the year that's not all about you.

While Oxford University Press, the British publisher of the Oxford dictionaries, declared those little smartphone self-portraits its winner last month, the folks at Merriam-Webster announced "science" on Tuesday.

Oxford tracked a huge jump in overall usage of selfie, but Merriam-Webster stuck primarily to look-ups on its website, recording a 176 per cent increase for science when compared with last year.

John Morse, president and publisher of Merriam-Webster Inc., said science



Merriam-Webster picked a word for the nerds, while Oxford's appeals to the popular set. THE ASSOCIATED PRESS

is connected to broad cultural oppositions — science versus faith, for instance — along with the power of observation and intuition, reason and ideology, evidence and tradition.

THE ASSOCIATED PRESS

Science is always lurking

"The more we thought about it, the righter it seemed in that it does lurk behind a lot of big stories that we as a society are grappling with, whether it's climate change or environmental regulation or what's in our textbooks."

John Morse, president and publisher of Merriam-Webster Inc., based in Springfield, Mass.

Motor City stalled

Detroit eligible for bankruptcy: Judge

Detroit is eligible to shed billions in debt in the largest public bankruptcy in U.S. history, a judge said Tuesday in a long-awaited decision.

Judge Steven Rhodes turned down objections from unions, pension funds and retirees, which, like other creditors, could lose under any plan to solve \$18 billion US in long-term liabilities. THE ASSOCIATED PRESS

Market Minute

DOLLAR
93.91¢ (-0.07¢)

TSX
13,319.87 (-99.70)

OIL
\$96.04 US (+\$2.22)

GOLD
\$1,220.80 (-\$1.10)

Natural gas: \$3.98 US (no change)
Dow Jones: 15,914.62 (-94.15)

Obamacare. University of Notre Dame sues over birth-control mandate

The University of Notre Dame is suing the Obama administration over a federal mandate that its health-insurance plans for students and employees cover birth control.

The university filed its lawsuit Tuesday. It claims the mandate violates Notre Dame's freedom to practise religion without government interference.

The birth-control mandate is part of President Bar-

ack Obama's controversial health-care law. The Roman Catholic university says it violates the church's teaching prohibiting contraception.

The Obama administration promotes the law's provision of a range of preventive care, free of charge, as a key benefit of the health-care overhaul. Contraception is included in the package of cost-free benefits.

THE ASSOCIATED PRESS

HELLO DRONES, RIP PIZZA-MAN PORN

Amazon Czar Jeff Bezos, overstimulated perhaps by CyberMonday, has come with what is either the best — or the worst — idea ever.

The man who sells everything everywhere to everyone proposes to use flying mini-drones to deliver packages to customers within 30 minutes, wherever they are.

Still in the virtual stage, it will be years before the bot turns up at your door seeking your signature, but we need to get ready.

I mean, there are questions to be answered.

Do you tip a drone? Seeing as they're not working their way through drone school or supporting a family of dronettes, it probably won't be necessary. But you want to make sure. Just ask the Taliban what happens when there's an angry drone at the door.

Will drones still leave those illegible notes behind? You



JUST SAYIN'
Paul Sullivan
metronews.ca

know the ones scolding you for not being there at the drone's convenience and advising you to pick up your package at (can you read this?) at (is that between 9 and 5 or 5 and 9?)

Or, because they are programmed to hunt down your DNA, will they find you wherever you are even if you don't want to be found? Even if you really want the new 50 Shades of Grey Concordance, maybe you don't want it right now. On the toilet.

The delivery drone can be adapted for other uses. Pizza for instance. The drone is the perfect technology to get it to your door within 30 minutes or you eat for free. Of course, you'll never eat for free, as the drone

can be programmed to get there in precisely 29.99 minutes every time. I'm not sure why they'd want to do that, but that's what happens now and it seems to work for the pizza

delivery companies.

Added note: For some reason, the pizza delivery man occupies a special place in the annals of pornography. This would be the end of that. Tough to make out with the pizza man if he turns up sporting eight whirling rotors, like the Amazon prototype. There could be flying pepperoni ... at least.

That's hardly the most sinister adaptation of delivery drone technology. These things are essentially CCTV cameras with wings. If they can send one into space (like the Hubble telescope) to track down galaxies 14 billion light years away, they can find you at the neighbourhood pub.

Or delivering your neighbour's pizza.

You see, the more you think about this, the more you realize there are bugs that have to be ironed out. Bezos hopes to get his little bots airborne as early as 2015, but I suspect it will be a sunny day in Seattle before it happens.

Er, be right back. There's someone...or something...at the door.

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

As shoppers digest the announcement/confession/stunt that Amazon hopes to have flying robots deliver their goods, we take a look at other (real and not-so-real) drone delivery services:

TacoCopter:

Unveiled at tech conference Disrupt SF back in September, the TacoCopter was aerial robot designer Skycatch's answer to Californians' need for instant delicious Mexican food.



PHOTO ILLUSTRATION: DAVID VAN DYKE/METRO

DomiCopter:

You guessed it. Domino's goes drone with the DomiCopter.

Oppikoppi music festival beer drop:

Since you can't have tacos or pizza without beer, there's a drone drop for that too. South Africa's Oppikoppi festival used GPS-guided drones to

help music-lovers avoid long lines at the beer tent and drop cold brews to the parched brus.

Twitter



@AliciaMarie_09 maybe some awesome parents are showing girls there is more to life than twerking/selfies. Brains are sexy too!

@likeibother 176% is not a huge jump. It's actually just more than double. And it's taken from their own search web only

@myomichu Science sensationalized and turned into entertainment. Good for education but sometimes borderline fiction.

@cailley I would bet @SarcasticRover has an idea why...he's currently doing a science on the red planet...

@LeosBandwagon isn't the answer clearly "science" itself #scienceisalwaystheanswer

WE WANT TO HEAR FROM YOU:

Send us your comments: ottawaletters@metronews.ca

Bizarre animals revealed in book

They may not have the "Aw" factor of, say, pandas or sea otters, but these unique animals still deserve our attention.

A cynipid wasp and a sea slug called a nudibranch feature in *Animal Earth*, a new book that celebrates the weird and wonderful diversity on our planet. **METRO**

By the numbers

200M

The number of species of animals that are still undiscovered, according to zoologist and author of *Animal Earth*, Ross Piper. "We know a great deal more about the surfaces of barren moons in space than we do about our own planet. There are so many fascinating animals around us, and we haven't gotten to grips even the tiniest bit with how they live," he said.

More numbers

- Unknown world.** 86 per cent of all species on land and 91 per cent of those in the seas have yet to be discovered, described and catalogued, according to a 2011 study.

- Drop in the ocean.** Due to the abundance of life on our planet, the IUCN Red List — the most sophisticated ongoing project of studying threatened animals — monitors less than one per cent of the world's species.

Photog says:

"Sea slugs possess every colour and shape combination imaginable — they are one of the most vibrant groups in the sea."

Alexander Semenov, 28, photographer and zoologist at the White Sea Biological Station in Karelia, Russia

A happy holiday accident: How Love Actually left a starry legacy

Cast of thousands. As Richard Curtis notes, even the then-lesser-known actors in his 2003 romantic comedy are now major stars



NED EHRBAR

Metro World News in Hollywood

Richard Curtis swears he didn't set out to make a Christmas classic with *Love Actually* — which just turned 10 years old — but that's what exactly happened. "I didn't really think that when I was writing the film, I certainly didn't think, 'This is a cunning commercial measure.' I just thought it was in the spirit of the film," Curtis tells Metro.

"Particularly in the States, I think it's become a Christmas thing. I think it's just kind of on a loop on some English TV stations (year-round), but I think it's become more of a Christmas thing. And it's delightful. I think you consider it lucky. I feel that a little bit about *Love Actually*, that I wrote a multi-thing movie, and because it was a Christmas one it looks like it's going to last."

What Curtis finds particularly entertaining is what's become of the film's massive cast, originally built as a mix of big stars (Hugh Grant, Emma Thompson) and lesser-known faces (Chiwetel Ejiofor, Andrew Lincoln).

"It now seems over-cast because half the cast weren't very well-known (at the time), only if you really watched English telly," he says. "And now with



Hugh Grant, as the British prime minister, and Martine McCutcheon, as his assistant, at a Christmas pageant in Richard Curtis' 2003 romantic comedy *Love Actually*. PETER MOUNTAIN/UNIVERSAL STUDIOS

Martin Freeman being the Hobbit and with (Lincoln on) *The Walking Dead* and with January Jones on *Mad Men* and Chiwetel now I hope going to win an Oscar this year, the movie's looking increasingly unbalanced. There was meant to be a balance between people you knew and people you didn't. Even Thomas Sangster, who played the little boy, is now on *Game of Thrones*.

In that spirit, here's a look at what the ensemble of *Love Actually* have been up to lately.

The Prime Minister and Natalie

Hugh Grant: Currently filming *The Man from U.N.C.L.E.* for Guy Ritchie, Grant was last seen playing several nasty characters in *Cloud Atlas* and taking on Rupert Murdoch in the *News of the World* phone-

hacking scandal.

Martine McCutcheon: A familiar face with U.K. audiences when the film premiered thanks to her work on *EastEnders*, McCutcheon will next be seen in the TV movie *The Home Office*.

Daniel and Sam

Liam Neeson: The esteemed Irish actor reinvented himself with 2008's *Taken* and has now become one of the most successful — if unlikely — action stars in the world.

Thomas Brodie-Sangster: The 23-year-old has grown up on TV and movie screens, with roles in *Doctor Who* and *Nowhere Boy*, and currently stars as Jojen Reed on *Game of Thrones*.

Jamie and Aurelia

Colin Firth: Already a fan favorite at the time thanks to *Pride*

and *Prejudice* and *Bridget Jones's Diary*, the very busy Firth is now an Oscar winner for *The King's Speech*.

Lúcia Moniz: The Portuguese actress and singer has been working steadily on TV in her home country, most recently on *Bem-Vindos a Beirais*.

Harry, Karen and Mia

Emma Thompson: The actress with the most heartbreaking and memorable scene in *Love Actually* is also earning plenty of Oscar buzz for this year's *Saving Mr. Banks*.

Alan Rickman: Forever known to a generation of fans as Professor Snape in the *Harry Potter* series, Rickman recently starred as Ronald Reagan in *Lee Daniels' The Butler* and *N.Y.C. nightife guru Hilly Kristal in CBGB* and will next take on King Louis XIV in *A Little Chaos*.

Heike Makatsch: The German actress has been working steadily in Europe for the past decade and can be seen in theatres now in *The Book Thief*.

Peter, Juliet and Mark

Keira Knightley: Already a star on the rise 10 years ago, Knightley is now an Oscar nominee who can next be seen in *Can a Song Save Your Life?* and *Jack Ryan: Shadow Recruit*.

Chiwetel Ejiofor: After years of under-the-radar supporting roles, Ejiofor is a Best Actor hopeful this year for the powerful *12 Years a Slave*.

Andrew Lincoln: Lincoln went relatively unnoticed for years until taking the lead role in TV's *The Walking Dead*, now in its fourth season.

Billy Mack and Joe the manager

Bill Nighy: The incredibly busy Nighy — who turns 64 this month — most recently re-teamed with Richard Curtis for *About Time* and is set to start filming the sequel to *The Best Exotic Marigold Hotel* shortly.

Gregor Fisher: Fisher has been doing plenty of work on the small screen in Britain in series like *Empty*, *Rab C. Nesbitt* and *Love Life*.

The naked stand-ins

Martin Freeman: He was already a TV star in the U.K. 10 years ago thanks to *The Office*, but now he's both Watson on *Sherlock* and the Hobbit in, well, *The Hobbit*.

Joanna Page: The Welsh actress has worked steadily on TV in the last decade — most notably as *Stacey on Gavin & Stacey* — and most recently popped up as *Elizabeth I* on the *Doctor Who* 50th anniversary special.

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GANDHI. HUSSAIN. PLATO
GURU NANAK. DESMOND TUTU. ISAAC NEWTON
MALCOLM X. ALBERT EINSTEIN
PROPHET MUHAMMAD. SOCRATES. ROSA PARKS
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For Out of the Furnace, Bale morphs once more

Hollywood chameleon.

An actor known for his physical transformations explains how he got into (and out of) shape for a variety of movie roles



IN FOCUS

Richard Crouse
scene@metronews.ca

Christian Bale likes to keep you guessing. The intense actor, who became a superstar playing Batman, makes chancy career choices on purpose.

"I like to think that as long as you continue choosing diverse roles, you can avoid becoming predictable," he says.

He could make a life (and a fortune) playing square-jawed superheroes in action movies, but instead chooses to shake things up.

Since his breakthrough performance in 1987's Empire of the Sun he has been a chameleon, losing sixty pounds

to play the skeletal lead in The Machinist and gaining a beer gut and a comb-over for an upcoming role in American Hustle.

This weekend in Out of the Furnace he changes it up once again. He stars as a steel mill worker pushed to extremes when his Iraq war veteran brother (Casey Affleck) gets mixed up with the wrong people and disappears.

The vengeance angle sounds Batmomesque, but Out of the Furnace is set far away from Gotham in the economically-depressed Rust Belt. There isn't a cowl or a cape in sight, and Bale has once again physically transformed himself. Here's a look at how Bale physically changes it up for his movie roles.

American Psycho

Creating the "Olympian physique" of serial killer Patrick Bateman in American Psycho took some discipline. "I'm English," he said, "and in England, we don't have many gyms around. We'd rather go to a pub instead." A trainer and a protein diet took off the pounds.

The Fighter

As boxer and former drug addict Dicky Eklund in The Fighter he dropped thirty pounds and used make-up and prosthetics to age himself. How did he lose the weight? "Usually I always say, 'Oh, I do a lot of coke whenever I lose weight.' I'm not sure if it's so funny for this movie, to say that." In reality he trained with the real-life Eklund and boxed the pounds off.

Velvet Goldmine

In Velvet Goldmine he plays a London journalist looking into the life and faked death of glam rock singer Brian Slade (Jonathan Rhys Meyers). Once again he had to physically transform, but not in the traditional way.

When his mom saw that he was working out and running at 6 a.m. she said, "Christian, what are you doing? You're doing a film about sex, drugs and rock 'n' roll. Why don't you do it the way they did it? They weren't out running. They drank a helluva lot and lived unhealthily."

"I took that to heart," he says, "and it works."



Christian Bale, left, and Casey Affleck in a scene from Out of the Furnace. KERRY HAYES/RELATIVITY MEDIA

BANK

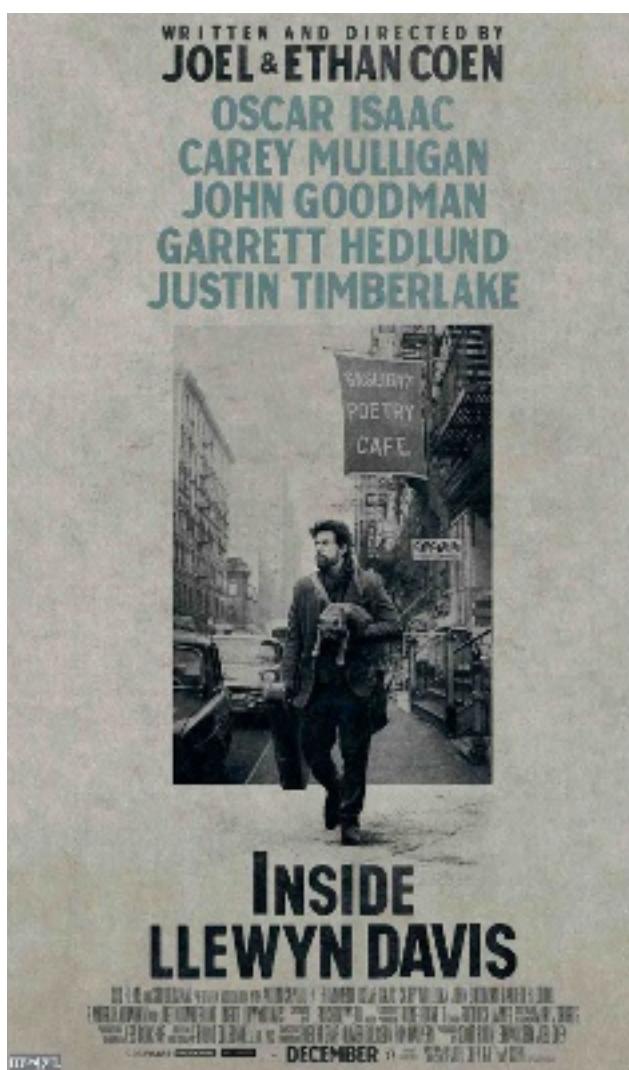
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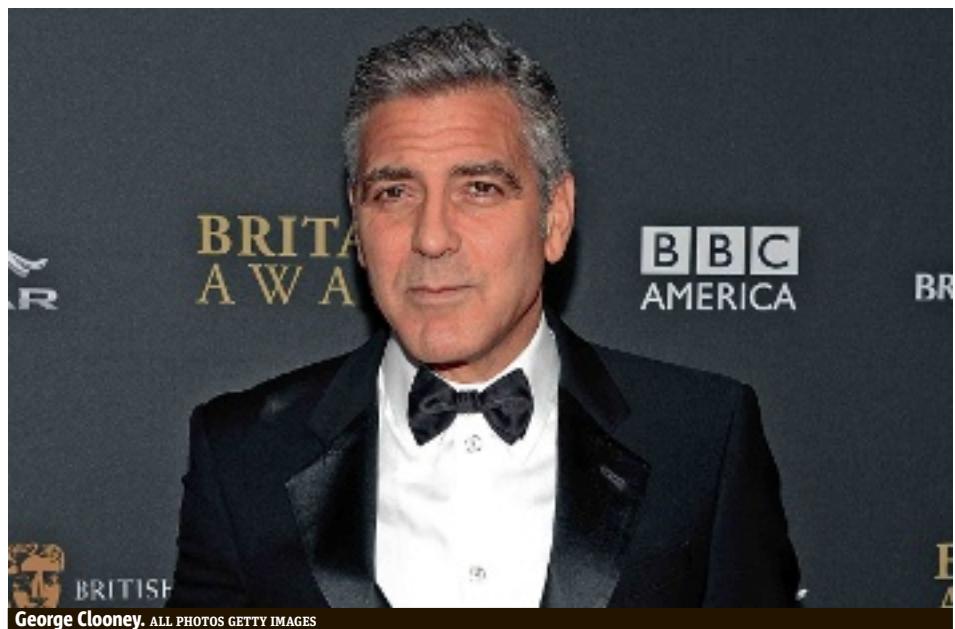
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George Clooney. ALL PHOTOS GETTY IMAGES

George Clooney hasn't found the right woman

It turns out George Clooney just hasn't met the right woman yet. As part of a questionnaire by artist Tracey Emin used for a "text portrait" of the actor in *W* magazine, Clooney was asked who the love of his life is or was, and his response?

"I haven't met her yet." But don't feel too bad for Clooney, as the hard-working actor has at least managed to find a way to avoid homesickness.

"I spend eight months a year in a one-bedroom hotel room in a city I probably

wouldn't vacation in," he says. "But no city, no space fails to be a home if your family and friends can find the time to visit. I get desperately, depressingly homesick if I can't find a way to be near the people that bring joy wherever they go."

A movie poster for 'American Hustle'. The poster features the main cast: Christian Bale, Bradley Cooper, Jeremy Renner, Amy Adams, and Jennifer Lawrence. The title 'AMERICAN HUSTLE' is prominently displayed in large, bold, yellow letters. Below the title, there's a photo of the ensemble cast in their respective movie costumes. Text at the bottom left reads 'From the director of silver linings playbook and the fighter' and 'december 20'. The bottom right features a 'club metro' logo with the text 'VIST club metro.com TO ENTER'.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Walker died on a 'hotspot for streetracers,' say police

While the neighbourhood where *Fast & Furious* star Paul Walker died in a fiery crash is known to attract street racers, law enforcement officials do not believe the Porsche he and a friend were riding in had been racing another car.

Accident investigators "have received eyewitness statements that the car involved was travelling alone at a high rate of speed," the Los Angeles County Sheriff's Department said in a statement Monday. "No eyewitness has contacted the (department) to say there was a second vehicle."

Walker and his friend and fellow fast-car enthusiast Roger Rodas died Saturday when Rodas' 2005 Porsche Carrera GT smashed into a light pole and tree, then exploded in flames. The posted limit was 45 m.p.h. (about 72 km/h).

The two had taken what

was expected to be a brief drive away from a charity fundraiser and toy drive at Rodas' custom car shop in Valencia, about 30 miles northwest of Los Angeles. Walker's publicist said the action star was the passenger. The crash happened on a street that forms an approximately one-mile loop amid industrial office parks. It is rimmed by hills and relatively isolated from traffic, especially on weekends when the businesses are closed.

"It's well-known out here that that's a hot spot for street racers," California Highway Patrol Sgt. Rick Miler said.

Skid marks are a testament to past antics on the loop. The sheriff's department, which polices the neighbourhood, said Saturday's wreck was not the first speed-related crash there, but would not reveal specifics.

Meanwhile, investigators are consulting video from security cameras, talking to witnesses and analyzing physical evidence such as on-board computer data from the Porsche.

THE ASSOCIATED PRESS



Diane Lane

She's no Lois, but Lane is single ahead of role in Superman flick

Josh Brolin and Diane Lane have finalized their divorce and are officially single, according to E! News.

The couple was married for eight years before Lane filed for divorce in February.

"It is very amicable," a source says.

"It's not ugly, it's just over."

Lane is currently gearing up to film *Batman vs. Superman*, while Brolin most recently checked himself into rehab for alcohol abuse.



Lindsay Lohan

Lohan to sue Grand Theft Auto V

Lindsay Lohan is reportedly set to send her lawyers after the makers of *Grand Theft Auto V* because she believes they used her image without permission to create a character in the hugely successful video game, according to TMZ.

One part of the gameplay involves hiding a Lohan-esque character from the paparazzi, while another tasks players to photograph her having sex at a hotel that resembles Lohan's regular hangout the Chateau Marmont.

Lohan's lawyers are reportedly crafting a suit that demands significant compensation.

Only the best in sunny Key West

Party spot. Warm Florida town rivals New Orleans for wild street life and just plain old fun



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Wild, weird and utterly wonderful.

From sunset cheers to cheap beers, and from wacky parades to fine cuisine, Key West might be the only town in North America that gives New Orleans a run for its money in terms of forget all your cares, down and dirty fun. Here's a look.

Doing

America doesn't mind selling guns to almost anyone, but they generally frown on sipping an adult beverage on a public street. Go figure. Lucky for you, Key West encourages us to take the libation of our choice and stroll down Duval Street, all the while wearing just about anything that might strike our fancy. Everything you've heard about this street is true; cross-dressers give you the come on as you parade past, tiny bars offer dollar beers (OK, American beers, but still) and gays and lesbians and transgendered folks mingle with gawking tourists from Peterborough



Sunsets at Mallory Square in Key West are an event with lots of drinking and wild applause. JIM BYERS/METRO

and Pennsylvania. Crowds gather nightly at Mallory Square to watch the sunset and applaud the majesty. Tacky? Maybe. But tons of fun, and a great way to meet people. Duval is a parade almost any night, but it's especially wild around Mardi Gras and Halloween. Too much excitement? Try a wonderful, peaceful sail on a classic schooner. For \$5, you'll get a 90-minute ride on the shimmering green waters of the Florida Keys. Free sodas and beer, wine or champagne for

a buck. You also could retreat into the quiet of the beautiful, white St. Paul's Episcopal Church if you really want a respite.

Sleeping

Should you choose to actually go to bed, the options are endless. High end luxury types can opt for the Casa Marina, a Waldorf Astoria resort. Rooms aren't large in an old place like this but it's beautiful, and you can arrange for a dinner just steps from the sand. Rooms

listed recently for \$179 and up in December. Close to the action, but a world apart. Closer to Duval, but still far enough away, is the Key Lime Inn, part of the Historic Key West Inns group. The pool isn't fancy but the units are Florida chic and the folks friendly as can be. Rooms from about \$159 in December.

Dining

Seven Fish is a dynamite spot near the Key Lime Inn, offering luscious fish, and, I'm told, excellent meat

Learning

Killed too many brain cells and need a jolt of something historical? Check out the Truman "Little White House" on Front Street to see where Harry S. himself did some of his work. Or look into the Hemingway Home and Museum, one-time hangout of the famous author and former Toronto Star correspondent, or the Key West Heritage House Museum and Robert Frost Cottage. Then, just to even things out, walk down to Duval, grab a Heineken and watch the party. My God, you didn't come to Key West to better your education, did you?

loaf. Looking for something more, well, Floridian? You can't beat the casual, outdoor dining at Blue Heaven, where one of the buildings used to be a bordello and where stray cats or chickens often roam among tables set under luxurious palms and a giant sail.

Drinking

Too many to mention. But try Sloppy Joe's on Duval or Jimmy Buffett's Margaritaville. Other great spots include the Green Parrot on Whitehead St., which Playboy magazine once called the definitive Key West saloon.

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Wrap it, then pack it

The diehard travellers on your list might have their sights set on things a little out of your price range — a round-the-world airplane ticket or adventure tour, perhaps. Luckily, there are a few affordable options globetrotters can appreciate.



ON THE MOVE
Loren Christie
life@metronews.ca

The softer side of luggage

Recently I broke my habit of hard-sided luggage and test drove a soft-sided bag, the Atlantic Compass Unite. The bag's claim to fame is its four-wheel spinners. They work in all directions even when linked with Velcro to matching bags, making a family's worth of luggage easier to manage. I loved that it was lightweight and seemingly indestructible. After two weeks and six flights, this bag looked like I just bought it. Starting at \$130 at Bentley and CAA.



Everything is better when it's mini

Conair's Travel Smart products include minis made for travelling. Whether a clothes iron or a curling iron, their products are mini-sized for your packing convenience. Each of the personal appliances offers worldwide voltage and works anywhere in the world as long as you have a plug adapter. Available for under \$40 at conair.com or in travel stores like Toronto's The Travel Stop.

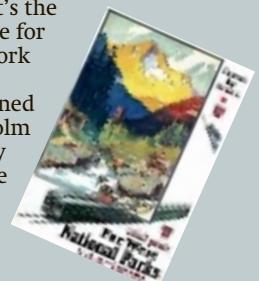
It's all about the experience

For those who prefer providing an experience versus giving something tangible, Travelzoo has launched an online holiday gift guide, offering unique experiences, including spa days at the Four Seasons or Bliss spas, romantic getaways and dining at Michelin-starred restaurants. Each experience can be sent as an e-gift or mailed as a gift certificate. Gift-givers can expect savings of 30 per cent to 50 per cent off rack prices without sacrificing the wow factor. travelzoo.ca



The gift of a good night's sleep

The GoodNightFlight eye mask not only blocks out the light but it promises to eliminate the head bob; that uncomfortable head loll and jerk as you are nodding off. It comes with straps that anchor your head to the head rest and prevent you from face planting into your neighbour's shoulder. Designed for plane travel, it can also be used in cars and trains. Retails for \$24.95 US. Allow 10 days for shipping. goodnightflight.com



If you can't get there, buy a poster

For those looking for less practical gifts, I love vintage travel posters. There is something romantic about these nostalgic pieces of art. You can usually find small selections in poster and print shops across the country, but for a large selection under one digital roof, check out vintagepostersnyc.com. It's the website for New York City's renowned Chisholm Gallery vintage posters. Prices vary.

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Roll everything minus the kitchen sink into these sweet and salty treats

This is the cookie to make when you're looking to clean out the cupboards.

You'll pack them with all manner of treats — and oddities — from rolled oats,

Ingredients

- 1 cup (2 sticks) unsalted butter, room temperature
- 1 cup packed brown sugar
- 1/2 cup granulated sugar
- 1 tsp baking soda
- 1 tsp baking powder
- 1 tsp kosher salt
- 1 egg
- 1 egg yolk
- 2 tsp vanilla extract
- 2 tbsp previously brewed coffee grounds
- 2 cups all-purpose flour
- 3/4 cup rolled oats
- 3/4 cup chopped prunes
- 1 cup crushed wavy potato chips
- 1 cup salted peanuts
- 1 cup chopped bittersweet chocolate

peanuts and chocolate chips to chopped prunes, crushed potato chips and even coffee grounds (trust us on that last one). The more unusual the combination, the better the results. But don't feel you have to stop there. Got any other crackers, chips, nuts or dried fruit handy? Toss them in and let these cookies truly earn their kitchen sink name.

1. Heat the oven to 350 F. Line a large baking sheet with kitchen parchment.

2. In a large bowl, use an electric mixer to beat together the butter, both sugars, baking soda, baking powder and salt until light and fluffy. Beat in the egg, egg yolk, vanilla and coffee grounds. Stir in the flour, then stir in the oats, prunes, potato chips, peanuts and chocolate.

3. Working in batches, scoop one tablespoon-sized balls of dough onto the prepared bak-

Sweet-and-Salty Kitchen Sink Cookies



This recipe makes four and a half dozen cookies. MATTHEW MEAD. THE ASSOCIATED PRESS

ing sheet, leaving 2 inches between the cookies. Bake for 11 to 13 minutes, or until light golden brown. Allow the cook-

ies to cool for 5 minutes on the baking sheet before transferring to a rack to cool completely. Allow the baking sheet to

cool between batches. Store in an airtight container at room temperature.

THE ASSOCIATED PRESS

Drink of the Week

Bombay Butter Toddy

- 1 and 1/2 oz Bombay Sapphire
- 1/2 oz Drambuie
- 6 oz Mulled Apple Cider
- 1 knob butter

Mulled Apple Cider

- 2 L apple cider
- 4 cinnamon sticks
- 4 orange slices
- 2 tbsp brown sugar
- 1 tbsp nutmeg
- 1 tbsp whole allspice
- 1 tbsp whole cloves
- 1/2 inch fresh ginger (cut into coins)

On medium heat, mull the apple cider for an hour. Stir occasionally. Add Bombay Sapphire, Drambuie and a knob of butter to mug. Pour in mulled cider. Garnish with cinnamon stick and apple slice. Use cinnamon stick to stir in butter as it melts into drink. TROY GILCHRIST/BOMBAY SAPPHIRE



Freeze-dried strawberries add blast of flavour

1. In bowl, use electric mixer to beat together the butter, sugar, vanilla, baking powder and salt. Add the egg yolks and beat to

combine. Stir in the flour until a dough just comes together. Stir in the strawberries and pistachios until evenly distributed.

Ingredients

- 1 cup (2 sticks) unsalted butter, room temperature
- 1 cup sugar
- 2 tsp vanilla extract
- 1/2 tsp baking powder
- 1/4 tsp salt
- 2 egg yolks
- 2 cups all-purpose flour
- 1 cup crushed freeze-dried strawberries
- 1 cup chopped shelled pistachios
- Sanding (coarse decorating) sugar

2. Divide the dough in half. Using a sheet of waxed paper to help you work with the dough, shape each half into a log 1 1/2 inches around and 12 inches long. Wrap tightly and refrigerate for at least 3 hours.

3. When ready to bake, heat the oven to 375 F.

4. Place the sanding sugar in a dinner plate. Unwrap one of the logs and roll it in the sugar to coat the sides. Using a paring knife, slice the log into about 30

rounds. To prevent the log from losing its shape, turn the log a little with each slice. Working in batches, arrange the slices on a baking sheet, leaving 1 inch between them.

5. Bake for 15 to 17 minutes, or until golden brown around the edges. Transfer to a rack to cool completely. Repeat with the remaining log.

6. Store cookies in an airtight container at room temperature.

THE ASSOCIATED PRESS

Strawberry Pistachio Icebox Cookies



This recipe makes five dozen cookies. MATTHEW MEAD/THE ASSOCIATED PRESS



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Back away from the tech device and take it all in

Books without beeps.

A professor pitches the idea of putting cellphones away in hopes of inspiring authentic interaction

VICKI
SALEMI
Metro World News

Pick a campus, any campus. As you stroll around, chances are you'll notice fewer students without a tech device than with them: all the more reason for Andrew Reiner, an English professor at Towson University, to teach his course, The Search for Intimacy in the Age of Facebook.

"As I started teaching at the college level, I was getting a vibe there was a lot of disconnect. Whether it was walking to dining halls, libraries or when I'd walk into class — there were endless amounts of phone activity and Facebooking."

Reiner's overall purpose was to help students find authenticity and springboard



Does the thought of putting your phone down for five minutes send shivers down your spine? Try four hours. iSTOCK

into relationships with others. He wants his students to disengage online to re-engage

offline. For instance, Reiner has given students a tech-free assignment based on an

essay from a book called The Sabbath. Reiner realizes that he can't deny students their technology, but he encourages them to become independent from it, taking a four-hour break from social media as part of the class.

"It's really not that long, but to them it was a lifetime," he explains. "They had to do something by themselves that did not involve homework or being plugged in and write a guided reflection. Reflections that came back spoke to a kind of disconnect from themselves."

In another recent assignment, students sat alone in a crowded lunchroom. They weren't allowed to use smartphones, laptops, do schoolwork, use social media or text. "The need to be in touch breeds hyper-conformity. You're like a pariah if you're not on Facebook for a day."

Describing it as a "very deliberate and conscious way" to defy technology, Reiner's goal is to teach students to be in control of technology and not the other way around.

"All it really requires is the willingness to impose some boundaries on the extent to which I get back to people and the speed at which I get back to [them]," he says. Reiner fears that not setting bound-

Status update slow-down

"The need to be in touch breeds hyper-conformity. You're like a pariah if you're not on Facebook for a day."

Andrew Reiner
English professor

aries for technology may have dire implications for society. "I'm scared for our culture, for the world that my 2-year-old is entering into," he says. In order to set boundaries and reconnect with life offline — in addition to regular four-hour "Sabbaths" — Reiner recommends writing monthly letters to tell someone something you have wanted to share for "a few days, months or even years."

And make it meaningful, he recommends: "Tell them something that deeply matters to you, whether it's resentment, hurt or gratitude. ... Frame the truth in an honest, respectful tone. [It's] about reconnecting with a deeper, personal authenticity and discovering that confrontation can be civil and productive without the stress."

Students weigh in on letting go of technology

Leonard Randall Chisolm, college sophomore:

"Technology is great; it's a great way to stay in touch."

I think some people abuse it and at times I have abused it but there are some times you have to control yourself and say, 'Get me back to the real world.' I'll go to the gym and leave my phone down for two or three hours and play basketball. I come back to my phone. I can be okay with it; there are one or two things you may miss but I don't think you're missing the whole world. Maybe you want to be the first person to see a funny video, see a funny picture or a game score but it's the internet so you'll always be able to find it somewhere."

"I think that's part of the fear of going without technology, though I also think it has to do with worrying about how other perceive you. Though some are comfortable eating alone, I am not, as I feel people might be judging me or feeling sorry for me. Though I'm sure this is not the case, I know many people at many different colleges who feel the same. Having a phone or computer out can be a distraction from this feeling, or it can make us feel more connected with friends and people who aren't there. Perhaps as a little self-esteem boost and a sense of comfort that we're not alone."

TalentEgg asks...

#QuestionoftheDay:
Is it a bad idea to be Facebook friends with a professional contact? Why (not)?



• @nikkiwray: @TalentEgg Depends on company culture. I have been FB friends with my boss + team. We shared fun content on FB @ work! #questionoftheday

• @mp256: @TalentEgg No. I prefer to segregate my personal and professional life #QuestionoftheDay

• @EDSPowell: @TalentEgg I am Facebook friends with my long-time associate @mikerice. It's never been a problem — he sent me a cat picture on my birthday.

• @ThatPrince: @TalentEgg It depends on the circumstances. A lot of community managers become Facebook friends with co-workers to grant admin privileges

• @Recruit_Campus: @TalentEgg: #QuestionoftheDay!" Usually yes, I'd recommend waiting until one of you leaves the company before connecting!

• @Tomiibecca: @TalentEgg depends on your role. For managers who have people reporting to them it's usually better to separate work/personal.

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Adopting smart spending habits during school years makes cents

Wallet wisdom.

Between seminars, study sessions and social events, there are pennies that need to be pinched

RIANA
TOPAN
TalentEgg.ca

It can be tough to follow a strict budget at a time when you're constantly bombarded with opportunities to consume.

These simple tips will help you to reduce your spending without feeling like you're making huge sacrifices to your quality of life.

Write it down

If you don't make any effort to track how much money you're spending, you may be setting



By writing down every purchase you make – big or small – you'll become more conscious of your spending habits. iSTOCK

yourself up for a nasty shock when your credit card bill arrives — or when you finally decide to check your balance online.

Keep a simple tally of the money you spend each day in a notebook or on your phone.

Think outside the box

You don't have to shell out cash every time you want to get together with friends. Instead of going out for drinks, dinner or to a show, try a potluck or dinner in, a board game or movie night, a visit to a museum or gallery (many are free during certain periods) or a casual game of soccer, basketball

or volleyball.

You can also try picking up a hobby depending on your interests — like painting or starting your own book club, jogging outdoors or joining a library where you can take out books, CDs and DVDs for free.

Walk the talk, literally

Transportation can be incredibly expensive.

Sometimes it's not possible to walk, cycle or skate to your destination, but whenever you can make a journey on foot, do. When you need to find an alternate means of transportation, choose the bus first — it's usually the cheapest mode of transit. Carpooling is also a good option if you have a friend or colleague with a car.

Get creative in the kitchen

Buying ready-made food and drinks from restaurants, take-out joints or cafés is much less cost effective than making your

own meals at home.

To help you make the transition, carry portable snacks like fruit or granola bars with you in case you get hungry on the go. To save time on meal preparation, try doing most of your cooking on a designated day of the week like a Saturday or Sunday, then use the leftovers for lunches and dinners over the following 4-5 days.

Handle with care

The three Rs (reduce, reuse and recycle) don't just apply to protecting the environment.

Reducing the number of purchases you make will help you save money, but you can also get more bang for your buck by taking good care of the items you buy. By being careful with your stuff (clothes, shoes, accessories, books, bags, dishes, pots and pans, cellphones and iPods, the list goes on), the longer it will last you and the less often you'll have to buy re-

Plan ahead

When you know that you're going to need to make a purchase soon, like an outfit for a special event or a new car, it pays to shop around

- You know those people who start their holiday shopping in September? They know what they're doing. By getting a head start, they're making sure that they aren't left at the mercy of retailers who know that they can charge more when customers have no other options.

placements.

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Worldly work: the best excuse to say bon voyage



Landing a job in another country will make you work outside your comfort zone and push you to grow. ISTOCK

Have ambition, will travel. Four ways that working while travelling can boost your career

TANIA
DESA
TalentEgg.ca

You just sent in another job application.

But while you're trying to line up some much-needed work experience to put on your CV, you secretly dream of jumping on a train with a Euro rail pass and exploring the winding streets of Paris this summer.

Ready for some red-hot truth? You can have both.

The world is flat, haven't you heard? So get your running shoes on and explore the internship opportunities that exist all around the globe. To be sure, it isn't easy. Finding work abroad takes extra effort and some major motivation.

However, working abroad not only gives you the chance to live out the adventure of your dreams — you'll also gain

international experience that will differentiate your résumé from the pile.

Still on the fence? Here are the top four ways international work experience could propel your career (and life):

Learn to work with different cultures

Your résumé probably includes some generic skills or experiences. For example, you might describe your retail experience as having taught you to be a "good team member" who "excels at communicating with diverse groups."

These are important skills, but they also sound generic.

Working abroad provides you with a learning experience that is both unique and substantial.

When you find yourself emerged in a new societal culture as well as a new corporate culture, you will double your learning.

You will have the opportunity to observe the unique chain of command, dynamics of team meetings and even lunchtime rituals. Your intercultural competence will grow if you are open to the experiences, obser-

Make a difference

Taking on a global internship gives you the opportunity to contribute your unique skill set to an organization or a community that needs it

- Perhaps you have a dream of giving back to a community in need or a city in crisis. Taking on a voluntary internship at an NGO, startup or government organization will not only enable you to give back but also equip you with valuable leadership and practical skills that will be stepping stones in your career.

vations and stories that unfold.

Enhance your employability and résumé

Imagine witnessing how contracts are negotiated in India, how a product is launched in Germany or how the R&D process works in Japan.

By working abroad, you have the unique ability to learn how processes, procedures and

business operate in different countries. You will witness and learn to appreciate the differences and similarities between the Canadian and foreign markets. Working abroad can enhance your communication skills, flexibility and adaptability. International assignments give you exposure to emerging or developed foreign markets in order to give you the leading edge in our increasingly globalized world.

Build global networks

Developing a solid community of contacts is an essential career-building step.

Working abroad will enable you to create new global contacts, explore new industries and learn about career avenues you may not even be aware of.

As you mingle with colleagues in the office and make friends outside of work, you will create relationships that can aid in building a truly global career. Learn people's stories and be genuinely curious.

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4 weeks (60 hours in class and 60 hours online)

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Levels 2, 4 and 6: 9am to noon

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Levels 2, 4 and 6: 12:30 to 3:30pm

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LA CITÉ

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Moneyball

Beane wheelin'
and dealin'

Billy Beane is busy dealing in December once again.

In one whirlwind stretch of less than 24 hours, the Oakland general manager pulled off a trio of trades with three different clubs and upgraded Oakland's bullpen in the process.

The A's acquired AL saves leader Jim Johnson, right-handed reliever Luke Gregerson and outfielder Craig Gentry in trades all since Monday night.

Oakland also is waiting on lefty Scott Kazmir's physical to finalize a \$22-million, two-year contract. **THE ASSOCIATED PRESS**

Prepped for a move

Fister excited to join Nationals

New Washington Nationals pitcher Doug Fister was aware of the "rumours going around," as he put it Tuesday, that he or AL Cy Young Award winner Max Scherzer might be traded by the Detroit Tigers.

So while Fister said there's a "world of mixed emotions" about leaving the familiarity and friendships with the Tigers and being "thoroughly excited" about joining the Nationals, he was prepared for Monday's deal.

He went 14-9 with a 3.67 ERA last season. **THE ASSOCIATED PRESS**

From riches to rags

Saltalamacchia signs with Marlins

Catcher Jarrod Saltalamacchia is going from the World Series champions to a team that lost 100 games.

Saltalamacchia has agreed to a \$21-million, three-year deal with the Miami Marlins, two people familiar with the negotiations said Tuesday.

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NHL. The Great One scores \$8M settlement



Wayne Gretzky at the Capitals-Canadiens game in Washington on Nov. 22. **GREG FUIUME/GETTY IMAGES**

The NHL has reached a settlement with Wayne Gretzky to pay him money owed from his time with the Phoenix Coyotes, multiple source with knowledge of the situation told The Canadian Press.

It was worth close to \$8 million US, according to one source, who spoke on condition of anonymity.

Gretzky was owed money from former Coyotes owner Jerry Moyes. He filed for bankruptcy in 2009, leading to the NHL's ownership of the team

until it was sold to a group led by Canadian businessmen this past summer.

Gretzky had served as coach and head of hockey operations before the Coyotes went bankrupt.

He made an appearance on the red carpet at last month's Hockey Hall of Fame induction ceremony at the insistence of Chris Chelios. Since then, he was seen at a Washington Capitals game sitting with owner Ted Leonsis.

But Gretzky hadn't been

officially involved with the NHL since the Coyotes situation.

"I'm always close to the game," Gretzky said last month at the Hall of Fame. "The game's always been good to me. The National Hockey League commissioner's office, they have always treated me with a great deal of respect and always been good to me. I've chosen at this point in time to take a step back and be a fan like everyone else and watch." **THE CANADIAN PRESS**

Arenacibia strikes out with Blue Jays

Behind the plate.
Navarro 'hungry' to return to starting role, says GM Anthopoulos

Making contact

.300

Navarro, a 10-year veteran from Venezuela who has served mostly as a backup, hit .300 with a career-high 13 home runs in 89 games for the Chicago Cubs last season. He also had 34 runs batted in.

struck out 148 times, 15th-most in Major League Baseball.

Still, Anthopoulos said the decision to replace Arenacibia wasn't made until the "last few weeks or so."

Anthopoulos said Navarro — who's played for the New York Yankees, Los Angeles, Tampa Bay, Cincinnati and the Chicago Cubs — is keen to return to a starting role in the majors.

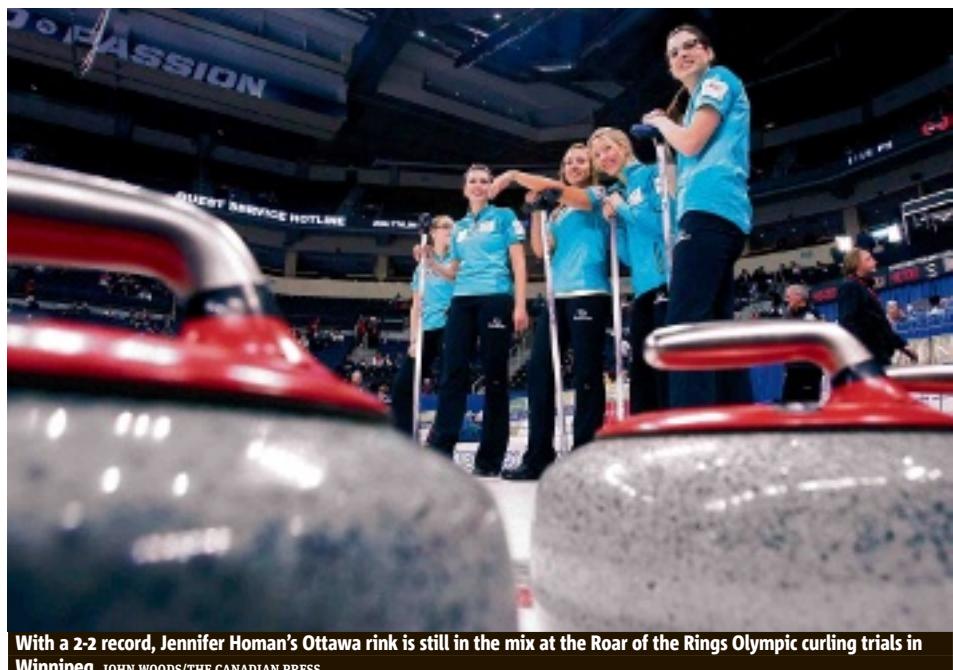
"The fact that Dioner has

played over a hundred games three times in his career, has been an all-star and is only 29, that certainly factored into the decision," he said. "Dioner is very motivated and very hungry to get back to being that everyday guy; he just hasn't had an opportunity to be the everyday guy since he left the Rays." **THE CANADIAN PRESS**



J.P. Arencibia is a free agent after the Blue Jays declined to tender the catcher a contract offer. **TORSTAR NEWS SERVICE FILE**

4
SPORTS



With a 2-2 record, Jennifer Homan's Ottawa rink is still in the mix at the Roar of the Rings Olympic curling trials in Winnipeg. JOHN WOODS/THE CANADIAN PRESS

Jones, Sweeting sweeping successes

... so far. Pair share lead at Roar of Rings with crucial draws coming in days ahead

Two teams share the top of the standings on the women's side at the Canadian Olympic curling trials going into play Wednesday.

Jennifer Jones and Val Sweeting sat at 3-1 after Tuesday's draw.

Sweeting is technically in the lead, thanks to handing Jones her only loss so far. But at this point, it's what happens next that all 16 teams know matters most.

"It will be the turning point Wednesday, Thursday, obviously," said Heather Nedohin, who

Homan team

Ottawa's Rachel Homan sat in a four-way tie for third at 2-2 after topping Sherry Middaugh 6-5 in an extra end on Tuesday.

handed Sweeting her first loss with a last rock draw to win a tight game 6-5.

"I don't think anyone at the trials ever has done this undefeated," said Sweeting.

"I thought we just got outplayed."

Both teams curl out of the Saville Community Sports Centre in Edmonton.

Nedohin sits in a four-team logjam below the leaders at 2-2 with Renee Sonnenberg and Sherry Middaugh at 1-3, and

unlikely to move on.

"Three losses is going to be tough to make it in," said Sonnenberg.

"If we can finish above .500 that's a feather in our hat too."

Jones dominated Sonnenberg from start to finish Tuesday, shaking hands at 7-2 after the eighth. It was a solid comeback after Monday night's 9-6 loss to Sweeting, which included a disastrous four in the seventh end.

"I don't know if we gave it away, we just made too many mistakes so it wasn't our best effort," said Jones.

"I thought we bounced back as well as we could have today."

Kevin Martin and Brad Jacobs were leading the men's side at 3-0 heading into Tuesday's late draw.

THE CANADIAN PRESS

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UTG Digital Media

Skiing

Vonn could return in Lake Louise

Lindsey Vonn has been cleared to begin World Cup downhill training.

The U.S. Ski Team team said that a decision on whether Vonn will return to competition at Lake Louise will be made after Thursday's training session. THE ASSOCIATED PRESS

NBA

Nets take coach Frank off bench

The disappointing Brooklyn Nets reassigned top assistant Lawrence Frank to a non-bench role on Tuesday.

Head coach Jason Kidd said Frank will not be at practices or games, and that he will be writing daily reports. THE ASSOCIATED PRESS

NFL

Rodgers not ruled out for Sunday

The Green Bay Packers aren't ruling out Aaron Rodgers for Sunday's game against the Atlanta Falcons even though the star quarterback hasn't yet been medically cleared to play since breaking his left collarbone a month ago. THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	27	18	7	2	75	55	38
Montreal	28	16	9	3	76	59	35
Detroit	28	14	7	7	78	73	35
Tampa Bay	26	16	9	1	76	66	33
Toronto	27	14	10	3	75	73	31
Ottawa	27	10	13	4	78	90	24
Florida	27	7	15	5	59	91	19
Buffalo	28	6	20	2	48	85	14

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	28	18	9	1	86	64	37
Washington	27	14	11	2	82	78	30
NY Rangers	28	14	14	0	62	71	28
New Jersey	28	11	12	5	61	67	27
Philadelphia	27	12	13	2	57	65	26
Carolina	27	10	12	5	57	78	25
Columbus	27	10	14	3	67	80	23
NY Islanders	27	8	15	4	72	93	20

Tuesday's results

San Jose at Toronto
Tampa Bay at Columbus
Carolina at Washington
Pittsburgh at NY Islanders
Ottawa at Florida
Vancouver at Nashville
Dallas at Chicago
Phoenix at Edmonton
Los Angeles at Anaheim
Monday's results
Winnipeg 5 NY Rangers 2
Montreal 3 New Jersey 2
Minnesota 2 Philadelphia 0
Los Angeles 3 St. Louis 2
Wednesday's games — All times Eastern
Montreal at New Jersey, 7 p.m.
Philadelphia at Detroit, 8 p.m.
Phoenix at Calgary, 10 p.m.
Thursday's games
Dallas at Toronto, 7 p.m.
San Jose at Pittsburgh, 7 p.m.
NY Rangers at Buffalo, 7 p.m.
Winnipeg at Florida, 7:30 p.m.
Boston at Montreal, 7:30 p.m.
Ottawa at Tampa Bay, 7:30 p.m.
Carolina at Nashville, 8 p.m.
NY Islanders at St. Louis, 8 p.m.
Chicago at Minnesota, 8 p.m.
Colorado at Edmonton, 9:30 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	28	20	4	4	102	76	44
St. Louis	26	18	5	3	91	60	39
Colorado	25	19	6	0	76	52	38
Minnesota	29	16	8	5	70	67	37
Winnipeg	29	13	12	4	78	82	30
Nashville	27	13	11	3	62	75	29
Dallas	25	12	9	4	70	73	28

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
San Jose	26	18	3	5	92	60	41
Anaheim	29	18	7	4	91	77	40
Los Angeles	28	17	7	4	73	60	38
Phoenix	26	15	7	4	85	84	34
Vancouver	29	14	10	5	77	77	33
Calgary	26	9	13	4	70	93	22
Edmonton	28	9	17	2	73	95	20

Note: 2 points for a win, 1 point for overtime loss.

SCORING LEADERS

	G	A	Pt
Crosby, Pgh	13	23	36
Malkin, Pgh	7	28	35
Steen, StL	20	11	31
Getzlaf, Ana	13	18	31
Kane, Chi	16	14	30
Tavares, NYI	11	19	30
Zetterberg, Det	11	19	30
Ovechkin, Wash	21	8	29
Perry, Ana	15	14	29
Thornton, SJ	4	25	29
H. Sedin, Van	7	21	28
Kunitz, Pgh	14	13	27
Couture, SJ	9	18	27
Karlsson, Ott	7	20	27
Marleau, SJ	12	14	26
Little, Win	12	14	26
Ryan, Ott	13	12	25
Backes, StL	12	13	25
Toews, Chi	12	13	25
D. Sedin, Van	10	15	25

Tuesday's games not included

MLS PLAYOFFS
MLS CUP
Saturday's game
Kansas City vs. Salt Lake, 4 p.m., EST
Thursday's games
New York at Brooklyn, 7 p.m.
L.A. Clippers at Atlanta, 7:30 p.m.
Phoenix at Houston, 8 p.m.
Detroit at Milwaukee, 8 p.m.
Dallas at New Orleans, 8 p.m.
Indiana at Utah, 9 p.m.
San Antonio at Minnesota, 9:30 p.m.
Oklahoma City at Portland, 10 p.m.
Thursday's games
New York at Brooklyn, 7 p.m.
L.A. Clippers at Memphis, 8 p.m.
Miami at Chicago, 9:30 p.m.



2014 Kia Soul



ALL PHOTOS KIA

Review. Still quirky, but with a beefier body and classier interior

MIKE GOETZ

Drive@metronews.ca

When quirky vehicles get their number called at the redesign department deli, they present an interesting dilemma to their design teams. How do you modernize or update them without making them too pretty?

It's much like Keith Richards — you don't want to smooth the hair, button the shirt up, or have him throw on more understated and elegant earrings, so he stops looking like a pirate. People love the pirate! So Kia did what it could only do when redesigning its quirky Soul for 2014 — change everything else except that iconic shape, face and tailgate.

The tailgate design was originally conceived around the idea of a backpack, and looks even more backpack-like this time around. The 2014 Soul is slightly longer and wider and lower than the outgoing model. Losing a bit of that top-heavy look and feel, and moving to a beefier platform, with lots more high-strength and ultra high-strength steel, have created a Soul that handles so much more proficiently and smoothly and quietly than the outgoing model.

Kyle Buller, the product planning supervisor at Kia Canada, says there is just as much high-strength steel in the new Soul as there is in the Audi A3.



The interior has an upscale feel and a circular theme.



The dash is simple but laden with the usual gadgets.

He adds that the size of the Hyundai-Kia group has enabled it to own and operate its own metal foundry. "We're able to source high-strength steel internally, which really helps in pricing."

Buller said Kia initially aimed the Soul at younger buyers, but older folks have gravitated to them because they are so easy to get in and out of... They also give empty-nest baby boomers that tall-in-the saddle-

feel of regular SUVs, but without the huge gas bill.

My baby boomer bones agree. The front door is nice and big, and it's easy as pie to slide over to the cushy driver's seat. The entire interior is a fantastic leap from the previous model, which was known for its cheap-feeling interior. This interior is upscale in feel, and entirely conceived in a "circular" theme. Everything that can be made into a round shape

2014 Kia Soul

- **Type.** Five-door, front-wheel-drive, compact "tall" wagon
- **Engines (hp).** 1.8-litre DOHC I4, (130), 2.0-litre DOHC I4 (164)
- **Transmissions.** Six-speed manual and six-speed automatic
- **Base price (incl. destination).** \$16,995

Design

The look has changed little from the previous model, which was originally conceived as the automotive equivalent of a British bulldog wearing a backpack. Slight lower, longer and wider proportions suggest better on-road performance.

Compare

- 1** Nissan Juke
Base price: \$19,998
- 2** Scion xB
Base price: \$18,960

down to 8.4 L/100 km.

The Soul represents pretty good value; especially as it more distinctly styled than most any else you could buy under \$20,000. The base LX starts at \$16,995, while an automatic LX goes for \$18,595. But most people will gravitate to high optioned trims, such as EX (\$20,795), EX+ (\$21,995), SX (\$23,595), and SX Luxury (\$26,995). It's hard to not like the Soul. Great style, great utility, very decent on-road performance, fuel economy and value. And my colleagues seem to agree. Fellow AJAC members have just named it a 2014 Car of the Year, as it won its segment for Best New Family Car Under \$30,000.

Time we noticed the car-watch connection

Problems. After the recent introduction of McLaren's supercar companion watch, we look at the relationship between the timepiece and the automobile

 **AUTO PILOT**
Mike Goetz
drive@metronews.ca

The famous Swiss watchmaker TAG Heuer recently introduced a companion watch to the McLaren MP4-12C supercar.

The McLaren MP4-12C accelerates from zero to 60 m.p.h. in about 2.9 seconds, give or take. The TAG Heuer MP4-12C Chronograph accelerates from zero to 60 seconds in, well, exactly 60 seconds, no give or take.

Acceleration times aside, we see that fine watches and fine automobiles share much in common, and their lives have always converged, and continue to converge.

Clocks have always been necessary components of an automobile's dashboard. And the chronograph, which is both a stop watch and a display watch, has evolved into an elegant and iconic timepiece, which makes an evocation connection to the glamour days of automobile racing, when being a "gentle-



The MP4-12C by TAG Heuer MCLAREN



Bentley Breitling watch. BENTLEY

men and amateur racer" was an actual occupation for privileged men, and privileged women went out of their way to drive expensive open-top sports cars, just so they could



The McLaren MP4-12C supercar now has a companion watch, the TAG Heuer MP4-12C Chronograph. PHOTO: MCLAREN

show off their fashionable sunglasses and kerchiefs.

But the car-watch connection seems more about their similar natures than how they interact with each other. "Watches and cars are both examples of functional objects that can also be beautiful and timeless — a combination of art and engineering," says Laurance Yap, a watch collector and writer, who also happens to be a gearhead, and director of marketing at Porsche Cars Canada.

He also notes that in the luxury space, both the

watches and the cars throw something else on the table — a connection to a great brand. I guess on one level it's the brand snobbery thing, but Yap reminds us about the base elements that make a great brand so compelling...

"All have great histories and great stories behind them." Everybody's a sucker for a great story. I agree with the notion that we must be pre-wired to seek out storytellers and great stories, as way of filing our own and collective intelligence.

Or maybe, as Yap also

points out, "high-end watches and cars are both shiny and expensive and complicated." Me want watch. Me want car.

Seems to me that the relationship between high-end cars and high-end watches is actually deepening of late. You can't open a car magazine without hitting a swath of watch ads, or running across a column on watches. High-end car and watchmakers are making more and more alliances and creating more and more special edition watches every season. Watches are using

design elements from cars, and vice-versa.

The most famous and storied car brand/watch brand allegiance is probably Bentley and Breitling. They go back together a long way, even before David Beckham became Breitling's current famous-person product endorser. To his credit, Beckham is keeping his underwear modeling gig separate; never seen him in a Breitling ad without his pants on. That's classy David, and the way it should be for Breitling, and its automotive partner, Bentley.

AJAC Car of the Year finalists announced

Automobiles
Journalists Association of Canada Awards.
Mazda takes three categories at the annual announcement

The Automobile Journalists Association of Canada has narrowed down 36 potential winners to 12 finalists for the 2014 Canadian Car of the Year Award.

A group of 80 AJAC members — journalists representing news outlets from coast to coast — test-drove 174 vehicles during a week-long series of trials in Niagara Falls this past October.

The annual fall new auto test event is conducted to

evaluate the vehicles in the dozen categories on the same day, over the same route, including a high-speed test circuit and/or a simulated off-road course or cottage road, depending on the category.

Testers ranked a wide range of attributes covering design, space, quality, performance, safety, economy and value. Professional test drivers also graded every vehicle for acceleration from rest and for passing acceleration and braking.

Transport Canada fuel consumption figures were also factored in. Vehicle traits are weighted differently in the various categories, taking into consideration that aspects like acceleration are more important for a sports car than

12 Category finalists

- Small Car (under \$21k): Mazda 3
- Small Car (over \$21k): Mazda 3 Sport
- Family Car (under \$30k): Kia Soul
- Family Car (over \$30k): Mazda 6
- Luxury Car (under \$50k): Lexus IS 350 RWD
- Luxury Car (over \$50k): Infiniti Q50 Hybrid
- Sports/Performance (\$50k+): Chevrolet Corvette Stingray
- Prestige Car (over \$75k): Mercedes-Benz S Class
- SUV/CUV (under \$35k): Jeep Cherokee
- SUV/CUV (\$35k to \$60k): Kia Sorento
- SUV/CUV (over \$60k): Acura MDX
- Pickup: GMC Sierra

a pickup truck.

The vehicle's price is also considered in the sense that expensive vehicles should naturally offer better performance and style than lower-priced wheels.

All of the data gathered has been compiled by the

accounting firm KPMG.

The next step in the process will be the selection of the Car of the Year and the Utility Vehicle of the Year (truck or SUV), which will be announced on Feb. 13, 2014.

TORSTAR NEWS SERVICE



The Mazda3 is a finalist. HANDOUT



The Kia Sorento is also a finalist. HANDOUT



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